



TEAM RULES:

- ALL COACHES WILL BE ADDRESSED PROPERLY.
- DO NOT QUESTION AN UMPIRE AT ANY TIME FOR ANY REASON.
- DO NOT BLAME AND/OR ARGUE WITH A TEAMMATE. BE POSITIVE AND ENCOURAGING.
- YOU ARE EXPECTED TO BE IN CONTROL OF YOUR EMOTIONS AT ALL TIMES. DO NOT SULK.
- SEE A COACH IF YOU HAVE A COMPLAINT, CONCERN, OR A PROBLEM.
- NO ONE IS GUARANTEED PLAYING TIME. YOU MUST EARN IT!
- NEVER BE "SATISFIED" WITH YOUR ROLE ON THE TEAM. IMPROVE EVERYDAY!!!
- THROWING/KICKING EQUIPMENT WILL NOT BE TOLERATED.
- NO EXCUSES!!
- PLAYERS WILL SPRINT ON AND OFF THE FIELD. AT NO TIME DURING PRACTICE OR GAMES ARE YOU ALLOWED TO SIT DOWN. PLAYERS SHOULD ALWAYS BE STANDING OR BE ON ONE KNEE.
- FEAR NO ONE, BUT RESPECT EVERYONE.
- UNIFORMS WILL BE KEPT CLEAN AND WORN CORRECTLY. SHIRTS ARE TO BE TUCKED IN AT ALL TIMES, HATS WILL BE WORN STRAIGHTFORWARD. RALLY CAPS ARE ACCEPTABLE WHEN APPROPRIATE.
- GOOD SPORTSMANSHIP. REGARDLESS OF VICTORY OR DEFEAT; NEVER HECKLE OPPOSING PLAYERS, UMPIRES, OR SPECTATORS.

PARENT RULES:

- BE A FAN OF EVERYONE ON THE TEAM.
- RESPECT THE DECISIONS OF UMPIRES. I'LL LET THEM KNOW IF I FEEL LIKE THEY MISSED A CALL.
- RESPECT OTHER FANS, COACHES, AND PLAYERS.
- DO NOT POISON THE WATER TOWARD A COACH, THE SOUTH WAKE PROGRAM, OR TEAMMATES BY YOUR CONVERSATIONS.
- DO NOT TALK TO COACHES ON GAME DAY OR DURING PRACTICE HOURS ABOUT A COMPLAINT. IF YOU NEED TO DISCUSS SOMETHING, WE CAN SET UP AN APPOINTMENT.
- TALK TO YOUR CHILD IF THEY HAVE ANY QUESTIONS. IF THEY STILL HAVE QUESTIONS, CONTACT THE COACH AND WE WILL SET UP AN APPOINTMENT TO COMMUNICATE THE CONCERN. PLAYING TIME IS NOT A VALID REASON TO QUESTION THE COACHING STAFF. THE COMPETITIVE ATMOSPHERE AT PRACTICE HELPS THE COACHING STAFF EVALUATE WHO HAS EARNED THE MAJORITY OF THE PLAYING TIME. NO ONE IS GUARANTEED PLAYING TIME.
- PLEASE REFRAIN FROM TALKING TO THE PLAYERS AND COACHES DURING GAMES. I ENCOURAGE YOU TO CHEER THEM ON BUT DO NOT UNDER ANY CIRCUMSTANCE COACH FROM THE BLEACHERS. THE BOYS NEED TO FOCUS ON THE GAME TO AVOID CONFUSION.
- PARENTS ARE NOT ALLOWED INTO THE DUGOUT AREA FOR ANY REASON.